## WHAT IS CLAIMED IS:

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1. An image capturing apparatus for obtaining information regarding a depth of a subject, comprising:

an illumination unit operable to cast a first illumination light beam, having a first wavelength as a main component, and a second illumination light beam, having a second wavelength and a third wavelength as main components,

said first and second illumination light beams being modulated such that intensities of said first and second illumination light beams are changed along respective traveling directions,

said second and third wavelengths being different from said first wavelength; and

- a depth calculation unit operable to calculate a depth-direction distance to said subject based on outgoing light beams from said subject onto which said first and second illumination light beams are cast.
- 2. An image capturing apparatus as claimed in claim 1, wherein said first illumination light beam is modulated such that said intensity thereof monotonously increases or decreases along said traveling direction of said first illumination light beam, and

said second illumination light beam is modulated such that said intensity thereof monotonously decreases along said traveling direction of said second illumination light beam when said intensity of said first illumination light beam monotonously increases along said traveling direction of said first illumination light beam, or increases along said traveling direction of said second illumination light beam when said intensity of said first illumination light beam monotonously decreases along said traveling direction of said first illumination light beam.

3. An image capturing apparatus as claimed in claim 1, further comprising a modulation unit operable to change said intensities of said first and second illumination light beams by temporal modulation.

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4. An image capturing apparatus as claimed in claim 3, wherein said second wavelength is shorter than said first wavelength and said third wavelength is longer than said first wavelength, and

said image capturing apparatus further comprises:

an optically converging unit operable to converge said outgoing light beams from said subject onto which said first and second illumination light beams are cast;

a separation unit operable to optically separate said outgoing light beams into a first outgoing light beam having said first wavelength and a second outgoing light beam having said second and third wavelengths;

a light-receiving unit operable to receive said first and second outgoing light beams after being separated by said separation unit and converged by said optically converging unit; and

a light intensity detector operable to detect intensities of said first and second outgoing light beams received by said light-receiving unit,

wherein said depth calculation unit calculates the depth-direction distance to said subject by said intensities of said first and second outgoing light beams.

5. A distance measuring method for obtaining information 30 regarding a depth of a subject, comprising:

an illumination step for simultaneously casting a first illumination light beam, having a first wavelength as a main component, and a second illumination light beam, having a second wavelength and a third wavelength as main components,

said first and second illumination light beams being modulated such that intensities of said first and second illumination light beams are changed along respective traveling directions thereof;

a separation step for optically separating outgoing light beams, from said subject onto which said first and second illumination light beams are cast, into a first outgoing light beam having said first wavelength, a second outgoing light beam having said second wavelength, and a third outgoing light beam having said third wavelength;

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a capturing step for capturing said first, second and third outgoing light beams;

a light intensity detection step for detecting intensities of said first, second and third outgoing light beams; and

a depth calculation step for calculating a depth-direction distance to said subject based on said intensities of said first, second and third outgoing light beams.

- 6. A distance measuring method as claimed in claim 5, wherein said depth calculation step includes calculating said depth-direction distance to said subject based on said intensity of said first outgoing light beam and a value based on said intensities of said second and third outgoing light beams.
- 25 7. A distance measuring method for obtaining information regarding a depth of a subject, comprising:

an illumination step for simultaneously casting a first illumination light beam, having a first wavelength as a main component, and a second illumination light beam, having a second wavelength and a third wavelength as main components,

said first and second illumination light beams being modulated such that intensities of said first and second illumination light beams are changed along respective traveling directions thereof,

second wavelength being shorter than said first wavelength, said third wavelength being longer than said first wavelength;

a separation step for optically separating outgoing light beams, from said subject onto which said first and second illumination light beams are cast, into a first outgoing light beam having said first wavelength and a second outgoing light beam having said second and third wavelengths;

a capturing step for capturing said first and second outgoing light beams;

10 a light intensity detection step for detecting the intensities of said first and second outgoing light beams; and a depth calculation step for calculating a depth-direction distance to said subject based on said intensities of said first

and second outgoing light beams.

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